**Rannsóknir sem betri vinnutími í vaktavinnu byggir meðal annars á:**

* Short time between shifts and risk of injury among Danish hospital workers: a register-based cohort study <https://pubmed.ncbi.nlm.nih.gov/30264848/>
* Short rest between shifts (quick returns) and night work is associated with work-related accidents <https://pubmed.ncbi.nlm.nih.gov/30879132/>
* Modeling the Impact of the Components of Long Work Hours on Injuries and ‘‘Accidents’’ <file:///C:/Users/bara/Downloads/Modellinglongworkhours.pdf>
* The effects of the number of consecutive night shifts on sleep duration and quality <https://pubmed.ncbi.nlm.nih.gov/32055864/>
* The Impact of Cumulative 12-Hour Work Shifts on Nursing Critical Skills

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4629843/>

* Should I stay or should I go? The impact of working time and wages on retention in the health workforce. *Human Resource for Health, 12*. <https://human-resources-health.biomedcentral.com/articles/10.1186/1478-4491-12-23>.
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* Sleep duration and chronic fatigue are differently associated with the dietary profile of shift workers. *Nutrients, 8,12*(771). <https://pubmed.ncbi.nlm.nih.gov/27916861/>
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**Samansafn ýmissa greina**

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